

Ashburn

Sterling

Herndon

Reston

Fairfax Central

Springfield North

Burke

Springfield West

Springfield



Curves Smart

Curves Smart Locations in Northern Virginia
Participating in the
FCPS Special Membership Program

*(Please see the following page for the corresponding
club location and contact information)*

Falls Church/Annandale (Barcroft)

Alexandria West (Foxchase)

Alexandria East
(Del Ray)



Belle View

Mount Vernon



Try the **NEW** Curves Smart Program, and discover the power to amaze yourself!

Participating Curves Smart Locations Partnering With Fairfax County Public Schools

Alexandria East

2609 Mt. Vernon Avenue
Alexandria, VA 22301
703-548-5453

Alexandria - West

4613 B Duke Street
Alexandria, VA 22304
703-751-2500

Annandale/Falls Church

6343 B Columbia Pike
Falls Church, VA 22041
703-941-8777

Ashburn

20604 Gordon Park Sq., Ste. 150
Ashburn, VA 20147
571-223-0123

Belle View

1506 A Belle View Blvd
Alexandria, VA 22307
703-721-2044

Burke

6003-B Burke Centre Pkwy.
Burke, VA 22015
703-250-7313

Fairfax - Central

9840 Main St.
Fairfax, VA 22031
703-591-7655

Herndon

720 Grant Street, Suite F
Herndon, VA 20170
703-707-9011

Mount Vernon

8794 Sacramento Dr., Suite I
Alexandria, VA 22309
703-360-9102

Reston

12056 North Shore Drive
Reston, VA 20190
703-467-5900

Springfield

8091-C Alban Road
Springfield, VA 22150
703-440-8989

Springfield North

5232 Port Royal Road
Springfield, VA 22151
703-321-3232

Springfield West

6210 Rolling Road
Springfield, VA 22152
703-451-8511

Sterling

45999 Regal Plaza Drive, Ste. 160
Sterling, VA 20165
571-434-2999



Curves Smart

The Benefits of a Personal Trainer Without the Expense!

Curves Smart is a whole new workout designed to keep you motivated like never before. It is a state-of-the-art personal coaching system that has been incorporated into our 30-minute circuit workout. Every piece of equipment in our circuit is programmed with your body's information to give you moment by moment feedback. It automatically adjusts to your body's endurance level so you stay continually challenged and achieve your potential on every machine, during every workout; and then automatically computes all of your workout data to produce detailed progress reports that show your overall muscle strength, your calories burned and how close you are to reaching your goals.



**Call Today to Schedule
Your Personal
Fitness Assessment**